

BURLINGTON SKATING CENTRE
7 WEEK SUMMER SCHEDULE

- Pre-Junior (Star 1)** Must have passed Canskate Stage 6
- Open (Junior & up)** Must have completed Gold Assessment in Pre-Junior or higher
- Intermediate +** Must have passed Preliminary Freeskate and have a consistant Axel Jump
- Senior** Must have passed Sr Br Freeskate or complete Sr Sil Dances or Sr Sil Skills
- Competitive A** Must have competed at Novice or plan to compete in Novice at sectionals
- Competitive B** Must have competed at Pre-Novice or plan to compete in Pre-Novice at sectionals
- Pre-Competitive** Must have competed at Pre-Juvenile or plan to compete in Juvenile at sectionals

SUMMER DAILY SCHEDULE

ON ICE Monday to Thursday	OFF ICE Monday to Thursday
8:30 - 8:45 Competitive Sp A,B	8:00 - 8:20 Comp Warm up / Jumps
8:45 - 9:30 Competitive Fs A,B	
9:30 - 9:40 Flood	
9:40 - 10:25 Competitive Fs A,B	
10:25 - 10:40 Competitive A,B, & Pre-Comp Group	
10:40 - 10:50 Flood	
10:50 - 11:35 Competitive Fs B, & Pre-Comp	
11:35 - 11:50 Intermediate + / Senior Sk/Edge/Str	
11:50 - 12:05 Intermediate + / Senior Da	
12:05 - 12:15 Flood	
12:15 - 12:30 Pre-Comp / Intermediate + / Senior Sp	12:30 - 1:25 Competitive Off Ice (Mon to Thu)
12:30 - 1:15 Pre-Comp / Intermediate + / Senior Fs	
1:15 - 1:30 Intermediate + / Senior Group	
1:30 - 1:40 Flood	1:40 - 2:35 Pre-Comp /Comp / Int + / Sr Off Ice (Mon to Thu)
1:40 - 2:25 Competitive Fs A	
2:25 - 2:35 Flood	
2:35 - 2:45 Open Sk/Edge/Str	
2:45 - 2:55 Open Da	
2:55 - 3:05 Open Sp	
3:05 - 3:50 Open Fs	
3:50 - 4:00 Flood	3:20 - 3:50 Pre-Junior Star 1 Off Ice (wk 3,4,5,6)
4:00 - 5:00 Synchro Enhancement (wk 1 & 7)	4:00 - 4:30 Open Off Ice
4:00 - 5:00 Pre-Junior Star 1 (wk 3,4,5,6)	

ON ICE Friday
8:30 - 8:45 Intermediate + / Senior Sk/Edge/Str
8:45 - 9:00 Intermediate + / Senior Da
9:00 - 9:45 Pre-Comp / Intermediate + / Senior Fs
9:45 - 10:30 Pre-Comp / Intermediate + / Senior Th
10:30 - 10:40 Flood
10:40 - 10:55 Competitive Sp A,B
10:55 - 11:40 Competitive Fs A,B
11:40 - 11:50 Flood
11:50 - 12:35 Competitive Fs A,B
12:35 - 12:45 Flood
12:45 - 1:30 Comp Th (wk 1,5,6,7) Open Simulations (wk 2,3,4)

MON TO THU (2nd Pad)	DANCE PROGRAM 8:00am - 10:00am* (WKS 1,2,3,4) *Thursday 8:00am - 9:00am & 3:00pm - 4:00pm
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FRIDAY (2nd Pad)	DANCE PROGRAM 1:30 - 3:30 WKS 1,2,3,4
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